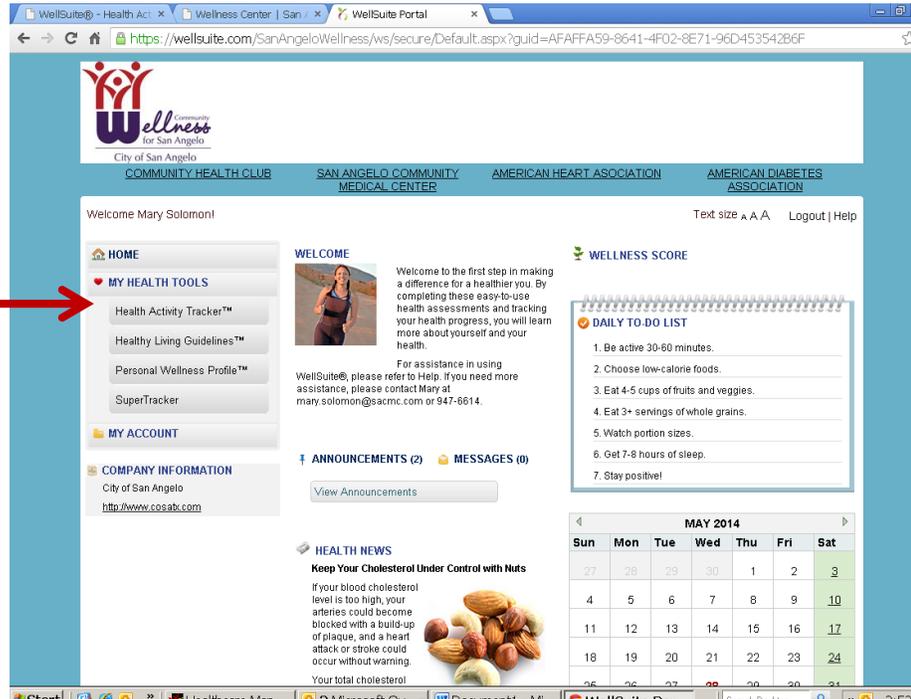




How To Track WOW Points

Go to www.sawellness.com. Scroll down the page and click on “**City of San Angelo**.” Login and select **Healthy Activity Tracker**. If your HRA is due, you will be prompted to take it first.



Select **Report Activities This Month** (see below). If you completed 12 consecutive weeks of walking in May, choose **Health Events**. Next, chose **<Previous Month** and select May. Then use the drop down box to select the walking program of 60 min for 12 consecutive weeks. Select the calendar below the drop down box and choose the specific completion date in May. Click Save.

